



**ASCA MODEL
COMPREHENSIVE COUNSELING
AND GUIDANCE PLAN
FOR
SCHOLARMADE[®]
Achievement Place of Arkansas**



SCHOLARMADE ACHIEVEMENT PLACE OF ARKANSAS COMPREHENSIVE GUIDANCE AND COUNSELING PLAN

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INTRODUCTION

The Comprehensive Counseling and Guidance Plan for ScholarMade Achievement Place of Arkansas (SAPA) is designed to ensure a comprehensive counseling and guidance program that will meet both the challenges and constraints of all SAPA students. SAPA counseling and guidance program is an integral part of the total educational process in the school and must be accessible to all students. The counseling and guidance program must consist of activities that address and meet students' various educational and developmental needs. The plan must show that each activity implemented as a part of the school counseling and guidance program is developed as a result of a thorough analysis of student needs, desired achievement goals, and related data. SAPA's Counseling and Guidance Plan is based on the following three premises:

1. School and guidance programs are based on specific student knowledge and skill content.
2. School counseling and guidance programs are outcome-based programs.
3. School counseling and guidance programs are developmental and comprehensive in scope and sequence.

MISSION STATEMENT

The mission of SAPA's Comprehensive School Counseling and Guidance program is to strive to prepare every student socially, academically, and emotionally for present and future challenges. Students are provided with opportunities to gain an understanding of self and others, to participate in educational and occupational exploration, and to pursue career planning opportunities in an environment that is safe, caring, and encouraging.

The counselor/mental health provider works in collaborative partnerships with students, educators, parents, and community members to empower students to reach their highest level as productive members of society.

PROGRAM BENEFITS

BENEFITS FOR STUDENTS

- Ensures every student access to the school guidance program and social emotional learning
- Monitors and interprets data to facilitate student improvement and school success
- Provides strategies for closing the achievement gap
- Promotes the most challenging and appropriate academic curriculum for each student

BENEFITS FOR PARENTS/GUARDIANS

- Supports active partnerships for student learning and career planning
- Invites and coordinates access to school and community resources
- Advocates for student academic, career, and personal development
- Provides training and informational workshops
- Provides data for information on student progress

BENEFITS FOR TEACHERS

- Promotes an interdisciplinary team approach to address student needs and educational goals
- Increases collaboration with the guidance program and teachers
- Supports development of classroom management skills
- Analyzes data to improve school climate and student achievement



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BENEFITS FOR ADMINISTRATOR

- Develops and implements a school guidance plan to promote student success and social emotional learning
- Utilizes data for school improvement
- Uses data for implementation of the school guidance curriculum that addresses student needs and enhances school climate

BENEFITS FOR BOARDS OF EDUCATION

- Provides data that support the implementation of a standards-based school counseling and guidance program
- Ensures equity and access to a quality school counseling and guidance program for every student
- Provides data about improved student achievement

PROGRAM DELIVERY COMPONENTS

SAPA's comprehensive school counseling and guidance program will ensure that every student has multiple opportunities to acquire competencies in the three domains of Academic Development, Career Development, and Personal/Social Development.

A combination of the four program delivery components (School Guidance Curriculum, Individual Student Planning, Responsive Services, and System Support) should be utilized in assisting students to achieve these competencies.

SAPA GUIDANCE CURRICULUM

SAPA's guidance curriculum will include structured experiences presented systematically through classroom and group activities. The curriculum emphasizes decision making; self-understanding; study skills; and career exploration, preparation, and planning. Examples of school guidance curriculum delivery options within this component may include, but are not restricted to:

- Classroom Guidance Activities
- Group Activities
- Interdisciplinary Curriculum Development
- Parent Workshops and Instruction

Topics for school guidance curriculum activities within this component may include, but are not limited to:

- Self-Concept
- Career Awareness and Exploration
- Communication Skills
- Study Skills
- Peer Relationships
- Choice-Making Skills
- Substance Abuse Programs
- Personal Safety



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INDIVIDUAL STUDENT PLANNING

Individual student planning includes counseling activities that provide every student with an opportunity to plan, monitor, and manage their academic, career, and personal/social development. Individual student planning emphasizes test interpretation, while academic counseling includes postsecondary education, career/technical education, and career planning. Examples of individual student planning delivery options within this component may include, but are not restricted to:

- Individual or Small-Group Appraisal
- Individual or Small-Group Advisement
- Placement and Follow-Up

RESPONSIVE SERVICES

SAPA has services that include counseling or referral activities that meet the immediate needs and concerns of students. Responsive services include personal counseling, crisis counseling, problem solving, agency referral, and consultation. Examples of responsive services delivery options within this component may include, but are not restricted to:

- Consultation
- Personal Counseling
- Crisis Counseling
- Peer Facilitation

SYSTEM SUPPORT

SAPA's system support includes indirect guidance management activities that maintain and enhance the total counseling and guidance program. Responsibilities in this area include staff relations, community relations, task forces, professional development, support teams, test interpretation, data analysis, and curriculum development. This component provides appropriate support to academic programs. Examples of system support delivery options within this component may include, but are not restricted to:

- Professional Development
- In-Service
- Consultation, Collaboration and Teaming
- Consultation with Staff
- Advisory Committee



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PROGRAM GOALS FOR STUDENTS

SAPA's Counseling and Guidance program is a comprehensive, outcome based, and developmental counseling and guidance program. The ASCA has developed national standards to better define the role of school counseling and guidance programs. The standards address program content and identify broad areas of knowledge, attitudes, and skills that all students develop as a result of participating in an effective school counseling and guidance program.

SAPA has utilized The ASCA National Model: A Framework for School Counseling Program. Therefore, SAPA will provide all essential elements for developing programs to help students achieve success in school. The ASCA National Standards facilitate student development in three domains: Academic Development, Career Development, and Personal/Social Development.

ASCA NATIONAL STANDARDS FOR STUDENTS*

Academic Development

- Standard A.** Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span.
- Standard B.** Students will complete school with academic preparation essential to choose from a wide range of substantial post-secondary options, including college.
- Standard C.** Students will understand the relationship of academics to the world of work and to life at home and in the community.

Career Development

- Standard A.** Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.
- Standard B.** Students will employ strategies to achieve future career goals with success and satisfaction.
- Standard C.** Students will understand the relationship between personal qualities, education, training and the world of work.

Personal/Social Development

- Standard A.** Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.
- Standard B.** Students will make decisions, set goals, and take necessary action to achieve goals.
- Standard C.** Students will understand safety and survival skills.