



SCHOLARMADE ACHIEVEMENT PLACE OF ARKANSAS

Wellness Policies on Physical Activity and Nutrition

Annual Progress Assessments

Physical Activity and Nutrition

ScholarMade Achievement Place schools are committed to providing school environments that promote and protect children's health, well-being, and ability to learn by supporting healthy eating and physical activity. Therefore, it is the policy of the ScholarMade Achievement Place that:

SFA shall follow the State of Arkansas wellness policy.

Status: The Wellness Policy is aligned with Arkansas State Standards

Each school will engage students, parents, teachers, food service professionals, health professionals, and other interested community members in developing, implementing, monitoring, and reviewing this policy.

Status: Engaging stakeholders is ongoing due to Covid.

All students in all grades will have opportunities, support, and encouragement to be physically active on a regular basis.

Foods and beverages sold or served at school will meet the nutrition recommendations of the *U.S. Dietary Guidelines for Americans*.

Status: We do not sell food and beverages.

Qualified child nutrition professionals will provide students with access to a variety of affordable, nutritious, and appealing foods that meet the health and nutrition needs of students; will accommodate, to the extent possible, the religious, ethnic, and cultural diversity of the student body in meal planning; and will provide clean, safe, and pleasant settings and adequate time for students to eat.

Status: The Child Nutrition Team continues to receive ongoing training and is providing a variety of meal options.

To the maximum extent practicable, all schools will participate in available federal school meal programs, including the School Breakfast Program, National School Lunch Program (including after-school snacks, Summer Food Service Program, Fruit and Vegetable Snack Program, and Child and Adult Care Food Program.)

Status: The C/N unit is participating in SBP, NSLP, and FFVP

Schools will provide nutrition education and physical education to foster lifelong habits of healthy eating and physical activity, and will establish linkages between health education and school meal programs, and with related community services.

Status: Providing physical activity to virtual students is developing.

GOAL 1

Activity	Person Responsible	Timeline	Status
Foods and beverages sold or served at school will meet the nutrition recommendations of the U.S. Dietary Guidelines for Americans.	Tiffanie Bowden	Ongoing	N/A we do not sell any food or beverages
Qualified child nutrition professionals will provide students with access to a variety of affordable, nutritious, and appealing foods that meet the health and nutrition needs of students; will accommodate, to the extent possible, the religious, ethnic, and cultural diversity of the student body in meal planning; and will provide clean, safe, and pleasant settings and adequate time for students to eat.	Tiffanie Bowden	Ongoing	This action in full implementation and is adjusted based on the needs of the school.



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To the maximum extent practicable, the school will participate in available federal school meal programs, including the School Breakfast Program, National School Lunch Program (including after-school snacks, Summer Food Service Program, Fruit and Vegetable Snack Program, and Child and Adult Care Food Program.)	Tiffanie Bowden	Ongoing	This action is in full implementation and monitored regularly
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GOAL 2 MEASURABLE OBJECTIVE

Activity	Person Responsible	Timeline	Status
The LEA will provide 250 minutes of physical education and physical activity weekly for each student. Each student receives 50 minutes for physical education weekly and 40 minutes of recess daily	Malik Martin	Ongoing	This action is being met and is verified through the master schedule, lesson planning and observations
Physical activity will be implemented across the curriculum for all grade levels.	Brad Burl	Ongoing	This action is being fully implemented across grade levels.

GOAL 3 MEASURABLE OBJECTIVE

Activity	Person Responsible	Timeline	Status
Through the implementation of Playworks as a key part of the school's model; staff members will receive 18 hours of professional development which includes nutrition and physical activity.	Malik Martin	August 2021	Staff members received 18 hours of PD connected to the implementation of Playworks and its use is monitored by Principals