



**ASCA MODEL
COMPREHENSIVE COUNSELING
AND GUIDANCE PLAN
FOR
SCHOLARMADE[®]
Achievement Place of Arkansas
2025-2026**



SCHOLARMADE ACHIEVEMENT PLACE OF ARKANSAS COMPREHENSIVE GUIDANCE AND COUNSELING PLAN

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INTRODUCTION

The Comprehensive Counseling and Guidance Plan for ScholarMade Achievement Place of Arkansas (SAPA) is designed to provide a structured, responsive program that supports the academic, social, and emotional growth of every scholar. As a core part of the school's educational model, the counseling and guidance program is accessible to all scholars and aligned with ScholarMade focus on Emotional Intelligence and Personalized Learning.

1. The program includes intentional activities that address scholars' developmental needs and are grounded in data, achievement goals, and ongoing analysis of student outcomes. Each component is designed to build self-confidence, strengthen relationships, and support scholars in becoming thoughtful leaders and problem-solvers.
2. SAPA's Counseling and Guidance Plan is guided by the following principles:
 1. Counseling and guidance are grounded in clearly defined knowledge and skill development for scholars.
 2. The program is outcome-driven, with a focus on measurable growth and student success.
 3. The program is developmental, comprehensive, and delivered with a clear scope and sequence across grade levels.

MISSION STATEMENT

The mission of ScholarMade Achievement Place's Comprehensive School Counseling and Guidance program is to prepare scholars to be self-confident, intellectually inquisitive, emotionally intelligent, and academically competent as they navigate present and future challenges. Scholars are provided with opportunities to build self-awareness, strengthen relationships, explore academic and career pathways, and develop the skills needed to lead and solve problems in their communities.

The counselor and mental health provider work in partnership with scholars, staff, families, and community members to support each scholar's growth through emotional intelligence and personalized support, ensuring they are equipped to improve conditions wherever they learn, work, and live.

PROGRAM BENEFITS

BENEFITS FOR STUDENTS

- Ensures every student access to the school guidance program and social emotional learning
- Monitors and interprets data to facilitate student improvement and school success
- Provides strategies for closing the achievement gap
- Promotes the most challenging and appropriate academic curriculum for each student

BENEFITS FOR PARENTS/GUARDIANS

- Supports active partnerships for student learning and career planning
- Invites and coordinates access to school and community resources
- Advocates for student academic, career, and personal development
- Provides training and informational workshops
- Provides data for information on student progress

BENEFITS FOR TEACHERS

- Promotes an interdisciplinary team approach to address student needs and educational goals
- Increases collaboration with the guidance program and teachers
- Supports development of classroom management skills



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- Analyzes data to improve school climate and student achievement

BENEFITS FOR ADMINISTRATOR

- Develops and implements a school guidance plan to promote student success and social emotional learning
- Utilizes data for school improvement
- Uses data for implementation of the school guidance curriculum that addresses student needs and enhances school climate

BENEFITS FOR BOARDS OF EDUCATION

- Provides data that support the implementation of a standards-based school counseling and guidance program
- Ensures equity and access to a quality school counseling and guidance program for every student
- Provides data about improved student achievement

PROGRAM DELIVERY COMPONENTS

SAPA's comprehensive school counseling and guidance program will ensure that every student has multiple opportunities to acquire competencies in the three domains of Academic Development, Career Development, and Personal/Social Development.

A combination of the four program delivery components (School Guidance Curriculum, Individual Student Planning, Responsive Services, and System Support) should be utilized in assisting students to achieve these competencies.

SAPA GUIDANCE CURRICULUM

SAPA's guidance curriculum provides structured, intentional experiences delivered through classroom instruction and small group settings. The curriculum is aligned to ScholarMade's focus on Emotional Intelligence and Personalized Learning, building scholars' ability to understand themselves, manage emotions, make sound decisions, and plan for their future.

Instruction is delivered through a variety of formats, including:

- Classroom guidance lessons
- Small group sessions
- Integration with core content areas
- Family workshops and engagement opportunities

Guidance topics are designed to support the whole scholar and may include:

- Self-awareness and identity development
- Emotional regulation and decision-making
- Communication and relationship skills
- Study habits and academic persistence
- Career awareness, exploration, and planning
- Peer relationships and conflict resolution
- Personal safety and responsible choices
- Prevention and awareness (including substance abuse)



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- Executive Function skills, including working memory, organization, task initiation, goal-directed behavior, cognitive flexibility, and self-management

All activities are planned with clear objectives and aligned to student needs, ensuring consistent development of the skills necessary for success in school and beyond.

INDIVIDUAL STUDENT PLANNING

Individual student planning includes counseling activities that provide every student with an opportunity to plan, monitor, and manage their academic, career, and personal/social development. Individual student planning emphasizes test interpretation, while academic counseling includes postsecondary education, career/technical education, and career planning. Examples of individual student planning delivery options within this component may include, but are not restricted to:

- Individual or Small-Group Appraisal
- Individual or Small-Group Advisement
- Placement and Follow-Up

RESPONSIVE SERVICES

SAPA provides responsive services, including counseling, on-site mental health support, and referral activities, to address the immediate needs and concerns of scholars. These services include personal counseling, crisis response, problem-solving support, and consultation. Scholars have access to an on-site mental health provider who delivers direct services and coordinates care, along with referrals to external agencies when additional support is needed.

Examples of responsive service delivery options within this component may include, but are not limited to:

- Consultation with staff and families
- Individual and small group counseling
- Crisis response and intervention
- Peer facilitation and support
- On-site mental health services and coordination of care
- Referrals to community-based providers when appropriate

SYSTEM SUPPORT

SAPA's system support includes program management and coordination activities that strengthen and sustain the overall counseling and guidance program. This work includes collaboration with staff and families, engagement with community partners, participation in support teams, professional learning, test interpretation, data analysis, and alignment with the instructional program.

This component ensures that counseling services remain connected to academic goals and student outcomes.

- Examples of system support delivery options within this component may include, but are not limited to:
 - Professional development and staff training
 - In-service sessions
 - Consultation, collaboration, and team-based problem solving
 - Ongoing consultation with staff
 - Advisory committees and stakeholder engagement



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PROGRAM GOALS FOR STUDENTS

SAPA's Counseling and Guidance program is a comprehensive, outcome based, and developmental counseling and guidance program. The ASCA has developed national standards to better define the role of school counseling and guidance programs. The standards address program content and identify broad areas of knowledge, attitudes, and skills that all students develop as a result of participating in an effective school counseling and guidance program.

SAPA has utilized The ASCA National Model: A Framework for School Counseling Program. Therefore, SAPA will provide all essential elements for developing programs to help students achieve success in school. The ASCA National Standards facilitate student development in three domains: Academic Development, Career Development, and Personal/Social Development.

ASCA NATIONAL STANDARDS FOR STUDENTS*

Academic Development

- Standard A.** Students will acquire the attitudes, knowledge and skills that contribute to effective learning in school and across the life span.
- Standard B.** Students will complete school with academic preparation essential to choose from a wide range of substantial post-secondary options, including college.
- Standard C.** Students will understand the relationship of academics to the world of work and to life at home and in the community.

Career Development

- Standard A.** Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.
- Standard B.** Students will employ strategies to achieve future career goals with success and satisfaction.
- Standard C.** Students will understand the relationship between personal qualities, education, training and the world of work.

Personal/Social Development

- Standard A.** Students will acquire the knowledge, attitudes and interpersonal skills to help them understand and respect self and others.
- Standard B.** Students will make decisions, set goals, and take necessary action to achieve goals.
- Standard C.** Students will understand safety and survival skills.